

PSYCHOLOGY AND CHILDREN COUNSELLING SERVICES

Alison Brown – Child Psychologist
alisonbrownvic@gmail.com

FROM TODDLERS TO ‘TWEENS’

(The changing role of parents through the years)

As children mature and begin to move through new developmental stages, our parenting techniques and strategies need to change accordingly. At what age and in what way is ‘time-out’ effective? How can we involve our children in decision making? Many people find themselves parenting in the way in which they, themselves, were brought up. With so many options available today, and a wide range of very effective techniques, we have a choice. Whilst we don’t necessarily want to be our child’s best friend, it would be nice to think that our homes are places of nurturing and modeling, where individuals act and are treated with respect.

“From Toddlers to ‘Tweens’” is a parent information seminar, looking at ways in which we can fulfill our role as parents, guiding and shaping our children in a positive, respectful and dignified manner

This parent information evening addresses the following issues:

- Parenting Strategies - 10 Secrets to Success
- The “HOT” issues (parent perspectives)
- Where things can go wrong
 - Discipline methods / Behavior management
 - Developmental / Cognitive issues
- Systems that work
- Self-esteem and happiness



DATE: Friday 15th March, 2019
TIME: 1 ½ hour presentation followed by question time / discussion
VENUE: Beaumaris Community Centre, 96 Reserve Road, Beaumaris (within library)
COST: \$15.00

Alison Brown is a registered psychologist, an experienced teacher, a parent and author. She was a committee member and Vice President of the Victorian Association for Gifted and Talented Children over six years, has presented at a number of state, national and international conferences in the areas of gifted education and psychology, and has provided consultation and training programs to schools in Australia, Switzerland, Germany and America. Having taught for ten years, worked as a school psychologist, and in private practice, she has first-hand experience in recognizing and catering for the social, emotional, and academic needs of students. With a post-graduate degree in child and adolescent psychology, Alison established a private practice in 2004, with a particular interest in the areas of parenting, counselling, and gifted children. She returned to Australia in 2018, after 7 years in New York and New Jersey, USA where she worked across several school districts as a consultant in gifted education, and as Adjunct Professor of Psychology at Seton Hall University. Alison was a trustee and VP on the board of the New Jersey Association for Gifted Children for four years, has published a number of books (both counselling and educational resources), and has recently submitted a PhD through La Trobe University looking at the use of narrative therapy with children in counselling.