

# From SUNSHINE to TSUNAMIS



## Navigating a child's social and emotional world



*A simple play date or family outing in the sunshine can escalate to tsunami levels within minutes ..... literally or figuratively!*

*What sends a child from 0 – 100 in seconds?*

*Children are not born knowing how to navigate every new interaction or experience. In our role as parents, we endeavor to help them understand and learn to cope with challenging social and emotional situations. This seminar looks at the underlying issues causing social and emotional difficulties for children, and provides a range of strategies to better equip parents to meet their needs, and to 'calm the storms' when things become difficult.*

**(1 hour online ZOOM seminar and discussion)**

**DATE:** Thursday 6<sup>th</sup> August, 2020  
**TIME:** 8pm - 9pm  
**VENUE:** Online ZOOM seminar  
(Zoom invitation emailed 1 hour before seminar begins)  
**COST:** \$ 20.00  
**BOOK ONLINE:** [www.advocacy-for-kids.com](http://www.advocacy-for-kids.com)  
**EMAIL:** [alisonbrownvic@gmail.com](mailto:alisonbrownvic@gmail.com)

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*Dr Alison Brown is a registered psychologist, an experienced teacher, a parent and author. She brings experience from both an educational and psychological background, and has first-hand experience in recognizing and catering for the social, emotional, and academic needs of students. Returning to Australia in 2018, after 7 years in New York and New Jersey, USA, Dr Brown has built on her experience as a consultant in gifted education, and as Adjunct Professor of Exceptional Child Psychology, has published a number of books (both counselling and educational resources), and completed a PhD looking at the benefits of using narrative therapy with children in counselling.*