



PEAK Consulting, LLC

(Parenting, Education & Advocacy for Kids)



SCHOOL READINESS

(A Parent Information Seminar)



Determining when to begin formal schooling for our children is often a complex issue. Factors such as age, maturity, social skills, and developmental progress all impact such a decision. Parents are presented with very few opportunities to compare their child's development to that of other similarly aged children. They are often left guessing as to whether their child will be socially or emotionally ready to cope in a formal school setting, and wondering whether the child's cognitive and developmental skills are, in fact, age appropriate. Even having made the decision to send a child to school, parents are still keen to know how to ensure a positive and successful transition from pre-school to school, and how best to equip their child to cope with the inevitable challenges of such a change.

This parent information seminar addresses the following issues:

- Social / emotional / developmental / cognitive expectations of a kindergarten child
- What parents can do to encourage and develop school readiness
- Formal assessment processes and criteria
- Advantages / Disadvantages of "waiting a year" or "holding them back"
- Strategies to assist in starting school
- "Bringing out the best" in our children
- Many practical ideas and activities to use at home

DATE: Day or Evening sessions
TIME: 1 hour presentation followed by question time / discussion
VENUE: School library / auditorium / local venues as arranged
COST: \$15.00 per adult

Alison Brown is a registered Australian psychologist, an experienced teacher and a parent. She was a committee member and Vice President of the Victorian Association for Gifted and Talented Children over six years, has presented at a number of state, national and international conferences in the areas of technology, gifted education, and psychology, and has provided extensive consultation and training programs to schools in Victoria, New South Wales, Queensland, Switzerland and Germany. Having taught for seven years at Methodist Ladies' College, Melbourne and worked as a school psychologist at Mosman Preparatory School and Kincoppal-Rose Bay, Sydney, she has first-hand experience in recognizing and catering for the social, emotional, and academic needs of students. With a post-graduate degree in child and adolescent psychology, Alison established a private practice in Melbourne, in 2004, with a particular interest in the areas of parenting, counseling, and gifted children. Alison is currently based in New Jersey, USA, working as a consultant and advocate through seminars, parent workshops, forums, and individual consultations. She is a trustee on the board of the New Jersey Association for Gifted Children, and currently completing a PhD through La Trobe University looking at the benefits of using narrative therapy with children in counseling.

To enquire about available dates & times, or to arrange a school-based / district-based seminar, contact:

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