



## PEAK Consulting, LLC

(Parenting, Education & Advocacy for Kids)



### ORGANISATION & STUDY SKILLS

*Providing strategies & guidelines for effective learning*



(An Information Night for Parents and / or Students)

Bright students often sail through primary school, achieving high grades, with little or no effort. Whilst this makes the primary years enjoyable and easy, these same students often come crashing down in later secondary years when more than intellect alone is necessary to obtain those high results. For students who are not in the habit of doing homework, or who have not developed and practiced effective studying techniques, the study demands at this stage can be a little overwhelming, leaving students feeling disorganized, unmotivated, and doubting themselves and their ability to actually achieve their goals.

This seminar is suitable for both parents and students and looks at very practical ways in which students can manage their time and maximize their learning opportunities, including:

- Time management
- Prioritising
- Understanding your work preferences
- Studying & Note taking
- Establishing good work habits
- Goal setting and Rewards

*Just a quick note to thank you for last night's Forum which I found to be really informative and a good prompter to go home and be more proactive, especially when addressing issues we sometimes turn our backs on.*

*Alison Brown is a real gem, so enjoyable to listen to and very constructive with her ideas. (Parent)*

**DATE:** Day or Evening sessions  
**TIME:** 1 ½ hour presentation followed by question time / discussion  
**VENUE:** School library / auditorium / local venues as arranged  
**COST:** \$15.00 per adult or \$200 per hour flat rate

*Alison Brown is a registered Australian psychologist, an experienced teacher and a parent. She was a committee member and Vice President of the Victorian Association for Gifted and Talented Children over six years, has presented at a number of state, national and international conferences in the areas of technology, gifted education, and psychology, and has provided extensive consultation and training programs to schools in Victoria, New South Wales, Queensland, Switzerland and Germany. Having taught for seven years at Methodist Ladies' College, Melbourne and worked as a school psychologist at Mosman Preparatory School and Kincoppal-Rose Bay, Sydney, she has first-hand experience in recognizing and catering for the social, emotional, and academic needs of students. With a post-graduate degree in child and adolescent psychology, Alison established a private practice in Melbourne, in 2004, with a particular interest in the areas of parenting, counseling, and gifted children. Alison is currently based in New Jersey, USA, working as a consultant and advocate through seminars, parent workshops, forums, and individual consultations. She is a trustee on the board of the New Jersey Association for Gifted Children, and currently completing a PhD through La Trobe University looking at the benefits of using narrative therapy with children in counseling.*

To enquire about available dates & times, or to arrange a school-based / district-based seminar, contact:

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